

Curriculum - First Kick Activity # - 4

Game Title:	Frog Catcher	Game Theme:	Movements
Learning Outcome(s):	Problem solving and improvement of motor skills		



## **Organization:**

- 1. 20 x 20 yard area with a circle of cones in the center, set up as shown
- 2. Lots of soccer balls

## **Story/Description:**

- 1. All the frogs (balls) are attempting to escape from the pond (central area) out into the wild (main area)
- 2. Frog catchers (players) have to chase all the frogs and bring them back to the pond before they get dried out by
- 3. The frogs are clever and are able to jump high (coach bounces the ball) and move really fast (coach rolls the ball)

## **Coaching Points:**

- 1. Run fast to catch the frogs
- 2. Catch the frog before it stops jumping
- 3. Make sure you keep your eye on the frog so it doesn't get away

## **Developments:**

- 1. Frogs get faster and jump higher
- 2. Players must move like frogs now to get them back (hopping and jumping)
- 3. Players must sound like frogs!
- 4. Player must bring the ball back only using their feet